



Celebrate life . . .



RIBS AND RUMPS

WELCOME TO RIBS AND RUMPS...

...the sizzling international steakhouse group from Australia.

Renowned for serving the finest steaks and ribs and for its man-size portions, the Ribs and Rumps Steakhouse group is an icon of the Australian restaurant industry.

Our selection of well aged steaks, mixed grills and mammoth portions are guaranteed to satisfy the biggest hunger.

At Ribs and Rumps, every occasion is a celebration. It's the place to catch up with friends or share special moments with family.

It's a celebration of life!

To show you how we value your patronage and to thank you for your loyal support, we would like to invite you to join our **Frequent Diner's program**. You will earn 5% of the value of your bill as a CashBack Reward, loaded onto your Frequent Diners Card, every time you dine at a Ribs and Rumps.

PLUS

Ribs and Rumps has a strong community focus. We believe in giving something back to the community. As part of a philanthropic initiative of the FoodFund Foundation, Ribs and Rumps has been donating money to selected charities. Ribs and Rumps donates 1% of the value of all the bills generated from our Frequent Diners Card membership base to select charities within each community.

To help us make a difference, sign up for your Ribs and Rumps Frequent Diner's Card now. With your support we hope to make a difference to the lives of those people who are less fortunate than ourselves!

(GF) GLUTEN FREE

We have noted items that are suitable for anyone who is gluten intolerant. Please advise your waiter upon placing your order of any allergies we should be aware of. Although every possible care has been taken to ensure that these items on the menu are allergy free, certain items may still contain traces of allergic ingredients as they are prepared in an environment that contains allergic ingredients.



ribs and rumps

www.ribsandrumps.com

1300 RIBS AND RUMPS

TRADING HOURS

Lunch & Dinner Everyday

- BLUE:** For the real connoisseur, very rare usually served with a sauce. Careful the plate is very hot
- RARE:** Just grilled on the outside and very pink and juicy inside.
- MEDIUM RARE:** Grilled on the outside, all charred, but still pink and juicy in the centre
- MEDIUM:** Grilled through but still pink in the centre
- MEDIUM WELL:** Getting destroyed but cooked right through
- WELL DONE:** Destroyed but if that's the way you like it, we will happily oblige



www.facebook.com/ribsandrumps



www.twitter.com/ribsandrumps

ALL PRICES INCLUDE G.S.T.
SURCHARGE:

NORTH RYDE, MANLY AND SYDNEY OLYMPIC PARK:

\$5 per person on Sundays and public holidays

McGRATHS HILL AND CAMPBELLTOWN:

\$5 per person on public holidays

"Meat your Match" CHALLENGE

Become a Ribs and Rumps Challenger VIP!!!

NEW



Become a VIP CHALLENGER by eating this entire meal yourself!

1kg MAN-O-WAR RUMP AND FRIES
&
A FULL RACK OF JUICY RIBS AND FRIES
\$84.95

Get your name and photo on the
Meat your Match Challenge Honour Roll
on our website
PLUS

An exclusive **VIP Challenger Membership Card** that earns you a 10% CashBack reward every time you dine at a Ribs and Rumps near you. **PLUS** Ribs and Rumps will automatically donate 1% of the value of your bill to charity
AND

An authentic Ribs and Rumps steak knife to keep

ENTRÉES

- | | |
|--|--------------|
| HERBOR GARLIC BAGUETTE | 4.95 |
| CHEESY GARLIC BAGUETTE | 5.95 |
| SIZZLING BLACK MUSHROOMS (GF) | 12.95 |
| Giant field mushrooms grilled to perfection and served in garlic butter | |
| BUFFALO WINGS | 11.95 |
| Grilled chicken wings smothered with our famous tangy BBQ relish | |
| CALAMARI | 10.95 |
| Deep-fried in seasoned flour and served with home-made sweet chilli sauce | |
| GARLIC PRAWNS (GF) | 14.95 |
| Sizzling prawns in white wine and garlic butter, served on a bed of steamed white rice | |
| FARMERS SAUSAGE | 11.95 |
| A traditional South African beef sausage (Boerewors) grilled in our unique basting. Served with pap and chakalaka sauce | |
| ENTRÉE PLATTER FOR TWO | 29.95 |
| Ideal for sharing, our entrée platter is perfect for when decision making is just too complicated! Farmers sausage (Boerewors), buffalo wings with tangy BBQ relish and calamari with a sweet chilli dipping sauce | |



SALADS

- | | | | |
|---|--------------|-------|--------------|
| THE GARDEN (GF) | | | |
| Side | 7.95 | Table | 12.95 |
| A combination of fresh greens tossed with our home-made dressing | | | |
| TRADITIONAL GREEK (GF) | | | |
| Side | 10.95 | Table | 17.95 |
| Cucumber, tomatoes, fetta and olives tossed with a lemon and olive oil dressing | | | |
| THE CAESAR | | | |
| Side | 9.95 | Table | 15.95 |
| An old time favourite – Cos lettuce, egg, crispy bacon, fresh croutons and shavings of Parmesan cheese. Tossed with a traditional Caesar dressing | | | |
| CHICKEN CAESAR | | | 19.95 |
| The classic Caesar with a twist – Cos lettuce, egg, crispy bacon, fresh croutons and shavings of Parmesan cheese. Tossed with a traditional Caesar dressing and topped with a basted, char-grilled whole chicken breast | | | |



BURGERS

All burgers are served medium-well with your choice of fries or baby potatoes and sour cream

THE ORIGINAL 15.95
Choice 280g burger made from the finest 100% Angus beef. Grilled to perfection and glazed in our unique basting

THE DOUBLE 25.95
2 x 280g Angus beef burger patties. For the really hungry!

CHICKEN BURGER 16.95
Succulent basted chicken breast

PORTUGUESE STEAK ROLL 17.95
160g sirloin cooked to perfection in a peri-peri and garlic sauce and served in a fresh roll with all the trimmings

EXTRAS
Why not make your burger extra special?

Cheese 1.50
Pineapple 1.50
Beetroot 1.50
Egg 1.50
Bacon 2.00



CHICKEN

CHICKEN BREAST (GF) 21.95
Tender char-grilled chicken breast marinated in our secret herbs and spices, served with creamy mash

½ CHAR-GRILLED CHICKEN 20.95
Mouth-watering half chicken, cooked to perfection in our original basting. Served with a choice of fries or baby potatoes and sour cream



CHICKEN PARMIGIANA 16.95
Crumbed chicken breast topped with Napolitana sauce, grated cheddar and Parmesan cheese. Served with fries

VEGETARIAN

VEGETARIAN LASAGNE 17.95
Home-made lasagne layered with seasonal vegetables and baked with a tomato coulis and tasty cheese. Served with a garden salad

FAMOUS STEAKS

Only the finest quality aged steaks are served. Our steaks are lightly basted in our special house basting, then char-grilled to order and served with your choice of fries or baby potatoes and sour cream. All our steaks are gluten free. Kosher steaks available with 24 hours notice

RUMP (GF)
A true grilling steak, full of natural flavour
220g 19.95 400g 29.95
1kg Man 'O' War 54.95

SIRLOIN (GF) 220g 25.95 400g 36.95
Aged to perfection, renowned for being flavoursome and succulent

RIB-EYE (GF) 350g 35.95
A highly marbled cut, literally bursting with flavour

T-BONE (GF) 450g 31.95
A mouth-watering feast of tender fillet and flavoursome sirloin

FILLET (GF) 180g 28.95 280g 35.95
A steak lover's choice, renowned for being soft, lean and tender

PRIMERIB (GF) 500g 45.95
An outstanding example of Australian beef at its best, a superb rib-eye on the bone

All of our beef is 100% Australian pasture fed Angus, sourced from Victoria and aged for a minimum of 28 days to insure optimum flavour and tenderness



SAUCES

Tangy BBQ Relish, Creamy Garlic, Creamy Pepper, Cheese, Creamy Mushroom, Peri-Peri 2.95 each

SPECIALTIES

WAGYU SIRLOIN 250g 45.95
Our pride and joy! One of the best steaks you will ever eat. Grain-fed for 500 days with a marble score of 4+

SURF & TURF 220g 29.95 400g 39.95
Tender char-grilled rump topped with pan-fried prawns and asparagus, smothered in a seafood sauce

LAMB CHOPS 26.95
Succulent Australian lamb in a refreshing lemon and herb marinade

SIDES

ONION RINGS 4.95

FRIES 5.95

BABY POTATOES WITH SOUR CREAM AND CHIVES (GF) 5.95

FRESH FARM VEGETABLES (See your server for today's variety) 7.95

CREAMY MASHED POTATOES WITH A HINT OF GARLIC (GF) 4.95

AWESOME RIBS

Slow-cooked in our special marinade, then grilled in our famous zesty rib basting. Served with your choice of fries or baby potatoes with sour cream

BEEF RIBS

Thick and juicy

HALF RACK 26.95

FULL RACK 37.95

LAMB RIBS

These ribs are not lean

HALF RACK 27.95

FULL RACK 38.95

PORK RIBS

Lean and tender

HALF RACK 31.95

FULL RACK 46.95

RIBS & RIBS & RIBS

49.95

A mouth-watering combo of tender pork, meaty beef and juicy lamb ribs



COMBOS

Man up your combos with a 400g king size rump for only 8.00 extra

Served with your choice of fries or baby potatoes with sour cream

RIBS & RUMP ORIGINAL

A feast for the meat lover

Beef ribs and lamb ribs plus a delicious...

220g rump 39.95

400g rump 47.95

Pork ribs and lamb ribs plus a delicious...

220g rump 44.95

400g rump 52.95

Pork ribs and beef ribs plus a delicious

220g rump 44.95

400g rump 52.95



CHICKEN & RUMP

A succulent taste sensation! Half a grilled chicken plus a delicious...

220g rump 34.95

400g rump 42.95

CHICKEN & RIBS

Half a succulent chicken and your choice of juicy ribs...

Beef ribs 36.95

Lamb ribs 36.95

Pork ribs 42.95



MIXED GRILL

49.95

Variety is the spice of life! A full combination of beef and lamb ribs, sirloin steak, cutlets and a tangy beef sausage, topped with a fried egg. A must try for the meat lover or the extremely hungry!

SEAFOOD

FISH & CHIPS

20.95

Barramundi fillets grilled or coated in our home-made beer batter and fried until crispy golden. Served with home-made tangy tartare sauce, malt vinegar and fries



SEAFOOD PLATE FOR ONE

29.95

A succulent medley of seafood including beer battered Barramundi fillets, garlic prawns and fried calamari. Served on a platter with home-made tangy tartare sauce and fries

CALAMARI

19.95

Deep fried in seasoned flour and served with our sweet chilli sauce and fries

ATLANTIC SALMON

27.95

Pan-fried in lemon butter and served with steamed rice and an oven-dried tomato salsa

KIDS MENU

Available for kids under 12

All served with complimentary "BOTTOMLESS" soft drink and two scoops of ice-cream

CHICKEN SCHNITZEL & FRIES

12.00

BURGER & FRIES

12.00

STEAK & FRIES

12.00

BEEF RIBS & FRIES

12.00

PORK RIBS & FRIES

13.00

FISH & FRIES

12.00

VEGETARIAN LASAGNE

12.00

DESSERT

RIBS AND RUMPS CHOCOLATE CAKE

14.95

A true indulgence! Layered sponge and rich chocolate mousse cake, surrounded by custard & topped with lashings of home-made chocolate sauce

STICKY DATE PUDDING

9.95

DE-LISH! Sticky date pudding topped with a rich caramel sauce. Served with your choice of vanilla ice-cream or cream

WAFFLE

11.95

A Belgian cinnamon waffle served warm with fresh strawberries, topped with cream then finished with our home-made chocolate sauce

BANANA SPLIT (for 2)

16.95

YUM YUM! Two chocolate pastry cups loaded with vanilla ice-cream and fresh banana, drizzled with raspberry purée and home-made chocolate sauce. Served with fresh cream, crushed nuts and a cherry on top!

SUNDAE

8.95

A traditional vanilla ice-cream dessert drizzled with Ribs and Rumps warm chocolate sauce and topped with flaked almonds and a wafer biscuit

CHOCOLATE MOUSSE

9.95

This is our signature dessert! A rich creamy hazelnut mousse topped with chocolate ganache served with cream and vanilla ice-cream

APPLE AND RHUBARB CRUMBLE

10.95

Home-baked traditional Ribs and Rumps crumble with a mix of apple chunks and fresh rhubarb. Served with cream or vanilla ice-cream

CRÊPES OF THE DAY

8.95

Qui! Oui! A truly French crêpe! Ask your server for today's topping

FLOURLESS CHOCOLATE CAKE (GF)

9.95

I CAN'T BELIEVE IT'S FLOURLESS! Served with your choice of Vanilla ice-cream or cream



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